

Supplementary Table S2 Association between binge-watching behaviors and selected baseline variables, $n = 227$

| Sl. no. | Baseline variables | Median | | Chi-square test | p-Value |
|---------|---|--------|-----|----------------------------|--------------------|
| | | ≤96 | >96 | | |
| 1 | Age (y) | | | 13.0 (Fisher's exact test) | 0.002 ^a |
| | 18–19 | 62 | 34 | | |
| | 20–21 | 47 | 70 | | |
| | 22–23 | 6 | 5 | | |
| | 23 above | 1 | 2 | | |
| 2 | Gender | | | 0.2 | 0.609 |
| | Male | 16 | 18 | | |
| | Female | 100 | 93 | | |
| 3 | Program | | | 13.8 | 0.003 ^a |
| | BSc nursing | 65 | 46 | | |
| | Bachelor of physiotherapy | 17 | 40 | | |
| | BSc medical laboratory | 13 | 9 | | |
| | Bachelor of audiology and speech language pathology | 21 | 16 | | |
| 4 | Year of studying | | | 11.2 | 0.010 ^b |
| | I year | 52 | 32 | | |
| | II year | 33 | 29 | | |
| | III year | 25 | 33 | | |
| | IV year | 6 | 17 | | |
| 5 | Have you binge-watched | | | 32.2 | 0.000 ^a |
| | Yes | 74 | 105 | | |
| | No | 42 | 6 | | |
| 6 | Do you enjoy binge-watching? | | | 49.8 | 0.000 ^a |
| | Yes | 60 | 104 | | |
| | No | 56 | 7 | | |
| 7 | How many hours you spend binge-watching in a day? | | | 52.8 (Fisher's exact test) | 0.000 ^a |
| | 0–1 | 62 | 13 | | |
| | 2–3 | 40 | 57 | | |
| | 4–5 | 9 | 26 | | |
| | 6–7 | 2 | 12 | | |
| | 8–9 | 3 | 3 | | |
| 8 | How many episodes do you watch at a time? | | | 21 | 0.000 ^b |
| | 0 | 21 | 3 | | |
| | 1–3 | 68 | 62 | | |
| | 4–6 | 20 | 27 | | |
| | 7–9 | 4 | 6 | | |
| | 10–12 | 3 | 13 | | |
| 9 | Which program would you like to binge-watch the most? | | | 8.6 (Fisher's exact test) | 0.067 |
| | Movies | 41 | 39 | | |
| | Serial | 40 | 53 | | |
| | Documentary | 7 | 2 | | |
| | Sports series | 8 | 2 | | |
| | Other | 20 | 15 | | |

Supplementary Table S2 (Continued)

| Sl. no. | Baseline variables | Median | | Chi-square test | p-Value |
|---------|--|--------|-----|-----------------|---------|
| | | ≤96 | >96 | | |
| 10 | Have you adopted any measures to control binge-watching? | | | 2.4 | 0.121 |
| | Yes | 26 | 16 | | |
| | No | 90 | 95 | | |

^a $p \leq 0.001$ (very highly significant).^b $p \leq 0.01$ (highly significant).^c $p \leq 0.05$ (significant).